Parent Resources

Preparing your child for their future career starts with helping them to build confidence, resilience, and a variety of life and social skills that they will use now, and in their futures. Here are some PBS resources that can help you guide your child with these skills!

Growth Mindset

Encouragement Jar www.pbs.org/parents/crafts-and-experiments/encouragement-jar

I Have a Dream Vision Board

https://www.pbs.org/parents/crafts-and-experiments/i-have-a-dream-vision-board

Give Thanks With a Gratitude Jar

https://www.pbs.org/parents/crafts-and-experiments/give-thanks-with-a-gratitude-jar

Soft Skills

Communication

Write an Invitation or Thank You Note www.pbs.org/parents/crafts-and-experiments/write-an-invitation-or-thank-you-note

Role Play How to "Make Up"

https://www.pbs.org/parents/crafts-and-experiments/role-play-how-to-make-up

Play Pretend: Resolving Conflict

https://www.pbs.org/parents/crafts-and-experiments/play-pretend-resolving-conflict

Confidence

Build Confidence With a Self Portrait

https://www.pbs.org/parents/crafts-and-experiments/build-confidence-with-a-self-portrait

Build Self-Confidence With a Goal-Setting Activity

<u>www.pbs.org/parents/crafts-and-experiments/build-self-confidence-with-a-goal-setting-activity</u>

Creativity

Create Your Own Board Game

https://www.pbs.org/parents/crafts-and-experiments/create-your-own-board-game

Martha Speaks Story Maker

https://pbskids.org/apps/martha-speaks-story-maker.html

Family Drawing Game

https://www.pbs.org/parents/crafts-and-experiments/family-drawing-game

Critical Thinking

Make a Savings Diary

https://www.pbs.org/parents/printables/make-a-savings-diary

Plant Patterns

https://www.pbs.org/parents/crafts-and-experiments/plant-patterns

Investigate How Objects Sink or Float in Different Types of Water www.pbs.org/parents/crafts-and-experiments/investigate-how-objects-sink-or-float-in-different-types-of-water

Robot Coder Activity

https://www.pbs.org/parents/printables/robot-coder-activity

Collecting and Sorting

https://www.pbs.org/parents/printables/collecting-and-sorting

Dependability

Build Better Manners with The Good Manners Box www.pbs.org/parents/crafts-and-experiments/build-better-habits-with-the-good-manners-box

Set Up a Plant or Pet Caring Schedule

https://www.pbs.org/parents/printables/set-up-a-plant-or-pet-caring-schedule

Choosing Chores: Everyone Can Be a Helper www.pbs.org/parents/crafts-and-experiments/choosing-chores-everyone-can-be-a-helper

Organization

Practice SUPER Morning and Bedtime Routines: https://www.pbs.org/parents/crafts-and-experiments/practice-super-morning-and-bedtime-routines

Weekly Planner

https://www.pbs.org/parents/crafts-and-experiments/weekly-planner

Plan Ahead with a Refrigerator Calendar www.pbs.org/parents/crafts-and-experiments/plan-ahead-with-a-refrigerator-calendar

Problem Solving

Peg's Giant Dice Game

www.pbs.org/parents/crafts-and-experiments/pegs-giant-dice-game

Make Window Decals to Help Migrating Birds <u>www.pbs.org/parents/crafts-and-experiments/make-window-decals-to-help-migrating-birds</u>

Build a Bridge

https://www.pbs.org/parents/crafts-and-experiments/build-a-bridge

Perseverance and Resilience

How to Make a Glitter Jar to Help Kids Stay Calm www.pbs.org/parents/crafts-and-experiments/make-a-mindfulness-jar-or-calming-timeout-timer

Oops! A Game for Dealing With Embarrassment www.pbs.org/parents/crafts-and-experiments/oops-a-game-for-dealing-with-embarrassment

Explore How Making Mistakes Changes an Art Project:

www.pbs.org/parents/crafts-and-experiments/explore-how-making-mistakes-changes-an-art-project

Teamwork

3 Ways to Practice Being a Good Sport https://www.pbs.org/parents/crafts-and-experiments/practice-being-a-good-sport

Teach Cooperation With Everyday Items www.pbs.org/parents/crafts-and-experiments/teach-cooperation-with-everyday-items

Simple Teamwork Games https://www.pbs.org/parents/crafts-and-experiments/simple-teamwork-games