

## How Best to Use This Video:

Time Needed: 20 Min

- 1. Explain to the class that you are going to be watching a short video about Harper, who helps others, and Paco, who makes positive changes. If they aren't already familiar with TEAMology, explain that Harper and Paco have super strengths and, with their other TEAMmates, hang out at the TEAMology House.
- 2. Tell the class that the TEAMology house is a place of unity and respect where anyone can come be part of the TEAM. Everyone in the house is expected to treat each other with respect, have each other's backs, and celebrate each other's differences.
- 3. Watch the video together.
- 4. Ask students what they think about the house theme song. You can prompt with questions such as "What was the song all about?", "What do you think you can learn from the song?", and "What message do you think the characters are trying to get across in the song?". You can re-watch the theme song part of the video, if needed. Allow time for answers.
- 5. Ask students what they think Harper's super strength is. If they don't know tell them it is Helping Others.
- 6. Ask students how Harper helped others in the video. Then process the different aspects of helping How did the 8 year old girl feel at first? How did she feel after Harper helped her? Why do you think Harper likes to help others? Is it important to help others? Why? Allow time for discussion amongst each other.
- 7. Have students share times they have helped others and how they felt.
- 8. Ask students what they think Paco's super strength is. If they don't know tell them it is Positive Change. Then explain that positive change means learning from our mistakes and thinking through how we can improve for next time.
- 9. Ask students what positive change Paco tried to help make. Then process the different aspects of positive change What would happen if you never changed your behavior after a mistake? Paco said when you keep making the same mistake over and over, it isn't a mistake anymore but now it is a choice what do you think he means? Why is it important we learn from and fix our mistakes? Is it bad to make mistakes? What does Paco say is the only bad thing about making mistakes? Allow time for discussion amongst each other.
- 10. Have students share times they have made mistakes and then fixed them.

## Follow Up Activity: Student Skits

Time Needed: 30 Min

- 1. Put students into small teams of 3-4 and assign each team either Helping Others or Positive Change.
- 2. Tell students they are going to write and then perform their own skit on their assigned topic.
- 3. Allow time for teams to work together to come up with their skits and practice.
- 4. Have each team perform their skit for the rest of the class.
- 5. Ask follow up questions to the class after each skit such as Who Helped? How did they help? Why was it important they helped? Who made the positive change? What was it? Why was it important they made a positive change?

