Teachable WQED MOMENTS leducation

Biking

PBS Resources

Traffic Safety Field Trip (PreK-K)

A police officer shows and tells us about traffic signs, we learn wearing a helmet is good bike safety, we ride bikes around Safety Town following all the traffic and bike rules.



<u>pbslearningmedia.org/resource/b6d0ef08-a632-401a-9592-10cd47f13be5/traffic-safety-field-trip/</u>

Respect the Rails (K-5)

Whether you're walking or driving, remember the three simple rules to stay safe around trains and train tracks. Limit your technology use, wait for trains to pass, and always obey signs.

Model safe behavior and start a conversation about rail safety with your kids.

pbslearningmedia.org/resource/respect-the-rails-video/railroad-safety/



Take a field trip to a bicycle shop to learn about bicycles. Kids will find out what a bike mechanic does as they help him change a flat tire, they learn the names of the parts of their bikes, they play "I Spy" shapes in a bike, and take their bikes out for a parade! Ready to Ride! pbslearningmedia.org/resource/bike-shop-video/wpbt2-kidvision/

Mountain Bike (grades 3-5)

This DragonflyTV segment demonstrates why the biking terrain in Moab, Utah varies so widely by trail even though it's all sandstone. It also illustrates how friction effects biking.



<u>pbslearningmedia.org/resource/3cea9a9a-1706-4c0d-abca-1fc08eb00900/3cea9a9a-1706-4c0d-abca-1fc08eb00900/</u>