

FEP Programs: A Guide to State Expansion

A step-by-step guide to expanding and sustaining First Episode Psychosis (FEP) programs in your state. Here is what the guide includes:

- **Introduction**
 - FEP programs and coordinated specialty care (CSC)
 - The Research Base
 - The Business Case
 - Funding FEP Programs
- **Advocacy Nuts and Bolts**
 - Gather information
 - Build support & cultivate allies
 - Implement a strategy
- **Advocacy Tools**
 - Commercial and Medicaid coverage for CSC components
 - Modeling tool for determining the # of FEP programs needed
 - Sample proposed legislation
 - Talking points for calling a legislator's office
 - Sample advocacy alert
 - Sample advocacy alert email
 - Sample social media posts
 - Leave behind fact sheet *Paying for what works*
- **Resources to learn more**

State advocacy is essential for FEP program expansion and long-term sustainability. Young adult and family stories, coupled with research and positive outcomes, make a powerful case for FEP programs.

For additional questions, please contact Darcy Gruttadaro at dgruttadaro@nami.org.

Thank you for your advocacy to expand and sustain FEP programs!